



## Specialized training

Our experts offer training on a variety of topics tailored to your health and safety needs. Each training session is designed to provide the essential tools and knowledge for creating and maintaining a safe work environment.

## Training for workers

Training	Duration (depending on the number of participants)
Risks and Control Measures – Beryllium Exposure	2 hours
Lifting and Rigging (standalone)	2 hours
Hazardous Energy Control	4 hours
Working at Heights	4 hours
Confined Space Work	6 hours
Aerial Lift and Elevated Work Platform (Working at Heights training prerequisite)	6 hours

# Training for workers

Training	Duration (depending on the number of participants)
Overhead Crane and Lifting Rigging	6 hours
Forklift / Telescopic Forklift	6 hours
Rescue Working at Heights	16 hours
Confined Space Rescue	24 hours
Compact Utility Loader	8 hours
Internal Trainer	8 hours
Fall Protection Equipment Inspector	4 hours

# Training for Supervisors

Training	Duration (depending on the number of participants)
Health and Safety Leadership	4 hours
Bill C-21 – Due Diligence	4 hours
Drugs, Alcohol and Reasonable Suspicion	4 hours
Work Accident Management (Supervisor)	4 hours
Accident Investigation and Analysis	8 hours
Communication Skills	8 hours
Emotional Intelligence	8 hours
Managerial Courage and Change Management	8 hours
Recognition and Motivation	8 hours
Equity, Diversity and Inclusion	8 hours
Early Accident Intervention Supervision	4 hours



# Training for Supervisors

Training	Duration (depending on the number of participants)
Early Accident Intervention Management	2 hours
Risk Analysis	6 hours
Work Accident and Disability Management	8 hours

